

Crossword puzzle on
Page 6!
First solved submission
to Michele receives a
small prize!



Coastal Chronicle

CHINA COAST COMMUNITY'S NEWSLETTER

JULY 2016

*Members of our
China Coast Commu-
nity club (Yes, we
have a club, more on
that in page 2) can
also come and join
our classes.*



Our Halina!

Halina has been a part of our family for 18 years and is one of our most trusted healthcare workers. Halina not only has a lovely personality but she supports many charity causes in the community. Halina always goes above and beyond the call of duty and for that everyone at CCC is ever thankful and grateful!

Did you Know...

...that we have upgraded equipment at CCC. A new state of the art Rice Cooker, Deep Fryer, new Food processor and electric beds.

CCC Staff and Management want to thank the The Van Zuiden Trust for their donation to CCC, allowing us to continue upgrading our beds to state of the art electric beds. While this will take some time as we only purchase a couple a year, we will eventually reach our target of 14 electric beds.



Manager's Note



Michele McGregor

I said in my last report that summer would be here before we know it, and well it is here and very hot. My first real summer here in Hong Kong and it is certainly different, 90 plus humidity, some sun and lots of rain. So I have learned never to go anywhere without my umbrella, sunscreen and water.

We have had an interesting time since our last newsletter in March. We have had our usual Management meetings and Executive Committee meetings with some very notable undertakings being signed off by Management.

We are in the process of undertaking Feasibility Study to work out how best to upgrade the buildings and surroundings at China Coast Community. Three architectural Firms were invited to bid for the position to complete the Feasibility Study. All very exciting at this point, as this will be China Coasts Road map to the future. A Feasibility Study will take about 10-12 Months to complete and then CCC Management shall be in a better position to see what the changes are going to be.

In the meantime, Management continue to place Residents at the center of all care decisions and so we try and upgrade systems in small ways.

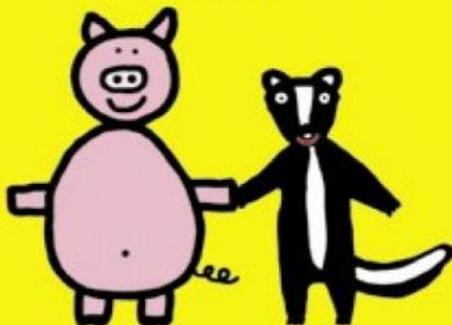
- Computers are now available for Residents to use in the Main Lounge at China Coast
- A new activity by the way of an Arts & Crafts class for our Residents in the Library. Only for those who are interested in making things.
- Purchase of new Linen and Duvets & Towels for all our Residents
- Purchase of essential up to date Kitchen equipment to ensure our cooking is responsive to Resident needs.
- Purchase of New Electric beds to assist with Safety & extra comfort for Residents and Staff.
- Purchase of state of the art digital scales for ease of use and accuracy for Residents to understand their weight control.
- We continue to work with our Community Partners to ensure we grow the group and to encourage them to enjoy joining in activities at China Coast, for example Yoga and Bingo.

We continue to grow our Volunteer service, we are so very lucky to have such dedicated Volunteers. Over the summer of course most people go for their Annual Holidays, but will return to us to continue on their Volunteer service.

Finally a very warm welcome to our new Residents to China Coast:

Arthur Yama
Heinrich Verheul
Mervyn Cox
Lawrence Chen

Making a new friend
feels good



Did you Know...

...that we have a membership scheme whereby you could become a member of the China Coast Community? Yes, we do and you could become a member, provided you are at least 60 years of age. If you are asking yourself why you would enrol as a member, the answer is, as member you will be entitled to join and participate in all China Coast Community events or pick the ones you want to attend! For more details, please contact : cchome@netvigator.com or call 2337 7266

Farewell to Marie Livesy



CCC is very grateful for her continues support over many years. Marie and her Lovely partner in crime Laura have been running the Friday Evening Bingo for many years.

We will miss Marie's enjoyment of life and her dedication to helping the elderly at CCC. Marie is leaving us to go back to family and friends in England.

The Hong Kong Women's Choir have graced us with so many wonderful performances. It is so lovely to have such a joyful and entertaining group with us at CCC. I do know the residents enjoy it so much



I want to thank the **Spanish ladies** for their dedication to come to us once a Month without fail, this group of ladies come and give out gifts and perform and have such a lively sense of fun.

March & April Diaries.....



K-Pop Dance with International School Volunteers

Fantastic All Star Performance!



April Birthday Stars :)



Pamper session for our ladies :)

May & June Diaries.....



A lovely performance by these talented kids!



Occupational Therapy Fridays!



June Birthday stars!



An enjoyable time with Feride & friends!



Afternoon Tea at Bistro on the Mile!

Across

- 1. Goblet part
- 5. Diva ____ Callas
- 10. Rotate
- 14. Narrative
- 15. Go-between
- 16. Unaccompanied
- 17. Fortas and Lincoln
- 18. Trim meat
- 19. Detroit product
- 20. Coffee flavor
- 22. Atom part
- 24. Cooking vessel
- 25. Reduces
- 29. Spin
- 31. Franklin ____ Roosevelt
- 36. Blemish
- 38. Browns in the sun
- 40. Lassoed

- 41. Litter's littlest
- 42. Ceases
- 44. Mimicked
- 45. Zodiac ram
- 47. Toledo's lake
- 48. Williams and Koppel
- 49. Judicial order
- 51. R&B singer ____ Franklin
- 53. Chalkboard wipers
- 55. Musical genre
- 58. More sharply inclined
- 62. Location
- 64. Related
- 65. Mediterranean island
- 69. Picnic crashers
- 70. Fashion Magazine
- 71. Hues
- 72. Glasgow Native
- 73. Outline
- 74. _____ Sixteen
- 75. Submarine Sandwich

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Down

- 1. Postage sticker
- 2. Forbidden
- 3. Kind of circuit
- 4. Interlock
- 5. Peeved
- 6. Develop
- 7. TKO caller
- 8. Silly
- 9. Go to
- 10. Narrow board
- 11. Serve tea
- 12. Absorbed by
- 13. Inert gas
- 21. Key near ctrl
- 23. Consumer
- 26. Snacks
- 27. Iowa or Ohio
- 28. Spanish women
- 30. Aquatic animal
- 32. Reluctant
- 33. Outward look
- 34. Require
- 35. ____ and ends
- 36. Actor ____ Pitt
- 37. Bait
- 39. Church steeple
- 43. Clairvoyant person
- 46. Leak
- 50. Constructs
- 52. Chef's measure (Abbr.)
- 54. Pointer
- 56. Performer
- 57. Basil sauce
- 58. Recipe instruction
- 59. Bridge charge
- 60. Vocalist ____ Fitzgerald
- 61. Adam's garden
- 63. Whip
- 66. Wind direction (abbr.)
- 67. Ess follower
- 68. Detroit time zone (abbr.)